

## Camping and Outdoor Challenge – Revised

Girls Name: \_\_\_\_\_

Unit Number: \_\_\_\_\_

In order to earn the challenge crest, individuals must complete the following number of challenges:

Sparks – 5      Brownies – 10      Guides – 15      Pathfinders & Senior Branches – 20

Challenges have been divided into possible meeting activities and camp activities to show how easy they are to complete. Some are duplicated.

Once the required number of challenges have been completed, send the completed form and checklist to the provincial office to receive your FREE crests.

### Meeting activities

- Learn about the Trans Canada Trail and hike a portion if possible
- Participate in an environmental awareness service project
- Do an outdoor service project
- Use two different methods of flag presentation
- Go on an outdoor scavenger hunt finding the minimum number of items: Sparks – 5 Brownies – 10 Guides – 15 Pathfinders Senior Branches – 25
- Light a fire without using matches or a lighter
- Use 2 different types of fires
- Make fire starters and discuss fire safety
- Try a new method of outdoor cooking
- Make 2 gadgets that require lashing
- Tie and use correctly different knots Sparks and Brownies – 2; Guides Pathfinders Senior Branches – 5
- Learn an outdoor game
- Create a craft using natural materials
- Visit a conservation area or sanctuary
- Build a bird house or feeder and put it up
- Learn about and use a compass Sparks – play a compass game; Brownies – learn basic directions and the points on a compass; Guides/PF/SB – follow an orienteering course with a minimum of 10 points
- Learn how to use a GPS
- Find 2 geo caches in different seasons
- Play an outdoor game in the winter
- Go snowshoeing, skiing, cross-country skiing, snowboarding or skating
- Plant a tree, garden or planter and care for it for one season
- Use a star chart to find 3 constellations and 1 planet
- Learn the names and appearances of 5 trees
- Learn the names and appearances of 5 birds
- Learn the names and appearances of 5 wildflowers
- Have a Trefoil Guild member, Experienced Guider, International or Interprovincial camper visit your meeting and share her experiences
- Make and fly a kite
- Make a tent care bag
- Dehydrate and sample various foods
- Learn how to properly waterproof your gear and tent for the camp duration
- Learn a new camp song at campfire
- Build an emergency shelter
- Sleep in a shelter of your own making
- Conduct a relay race to build a shelter before a “storm” comes – Guider tests it with a bucket of water
- Participate in 3 hikes in 3 different seasons with the minimum distance of Sparks – 1 km, Brownies 1.5 km, Guides/PF/SB 2 km
- Build a fire and light it with only one match
- Light a fire without using matches or a lighter
- Use 2 different types of fires
- Try a new method of outdoor cooking
- Tie and use correctly different knots Sparks and Brownies – 2 Guides Pathfinders Senior Branches – 5
- Learn an outdoor game
- Create a craft using natural materials
- Go for an early morning swim, canoe or kayak ride while at camp
- Visit a conservation area or sanctuary
- Bring a friend to camp
- Attend a camp at Caddy Lake
- Camp somewhere you have never camped before
- Learn about and use a compass Sparks – play a compass game Brownies – learn basic directions and the points on a compass Guides/PF/SB – follow an orienteering course with a minimum of 10 points
- Learn how to use a GPS
- Find 2 geo caches in 2 different seasons
- Play an outdoor game in the winter
- Go snowshoeing, skiing, cross-country skiing, snowboarding or skating
- Sleep under the stars for a night
- Plant a tree, garden or planter and care for it for one season
- Use a star chart and find 3 constellations and 1 planet
- Learn the name and appearances of 5 trees
- Learn the name and appearances of 5 birds
- Learn the name and appearances of 5 wildflowers
- Build a sundial and check it for accuracy. Use it while at camp
- Go on a blindfold hike with a partner. Try to identify the objects she leads you to by touch and smell
- Make and fly a kite
- Dehydrate and sample various foods
- Participate in Night manoeuvres
- Learn a new camp song at campfire
- Properly waterproof your gear and tent for a camp duration

### Camp Activities

- Participate in camping (adventure, tent, residential or day camp for a minimum of Senior Branches/Pathfinders/Guides – 4 nights; Brownies – 2 nights; Sparks – 1 day or overnight
- Participate in an environmental awareness service activity
- Do an outdoor service project
- Use different methods of flag presentation